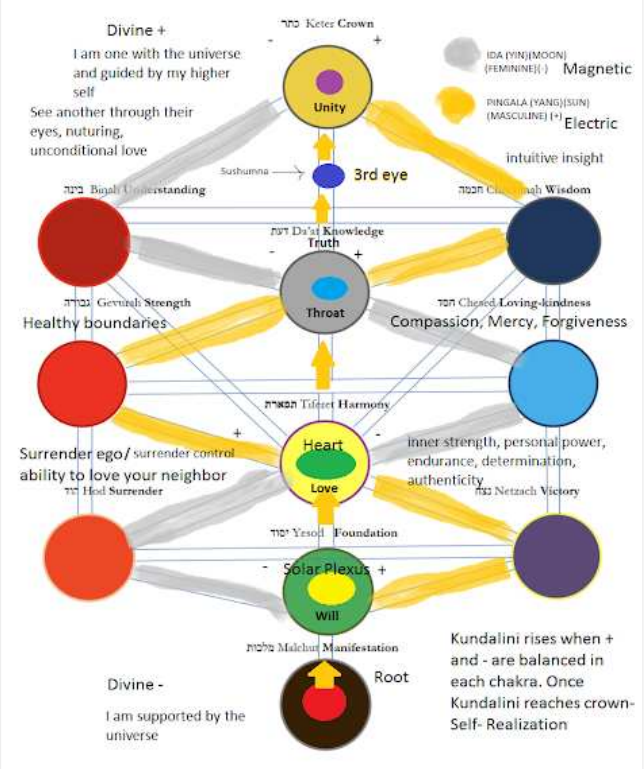
Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Friday, December 20, 2024

Kundalini Rising

The below image shows the process of Ascension, also called the Middle Way or the Middle Pillar. Source is in perfect balance. To achieve Source alignment, we balance ourselves, climbing the Tree of Life, from Root Chakra up to Crown Chakra. Once balance is achieved at each circle in consciousness, energy follows consciousness, and the kundalini rises to the next circle. Once energy arrives at a circle, consciousness increases. Then the path continues upward onward to the Heart, where Oneness with the Soul exists (I AM THAT), and onward to the Crown, where Oneness with the Oversoul exists (I AM THAT I AM).



I AM THAT = I AM a Spirit having a human experience. I AM THAT I AM = I AM One with God/Source and ALL THAT IS. WE ARE ("I and My Father are One" ~ Jesus/Jeshua).

"God is within me and I am within God" ~ My Higher Self

- December 20, 2024

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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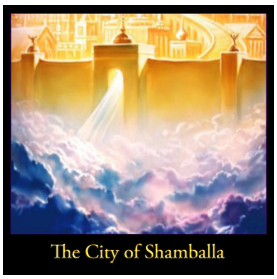

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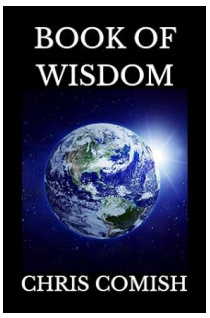

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Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

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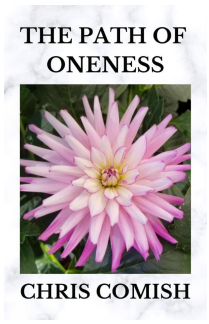

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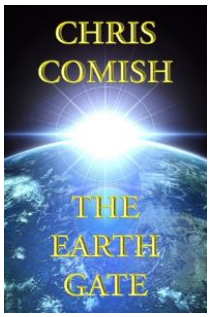

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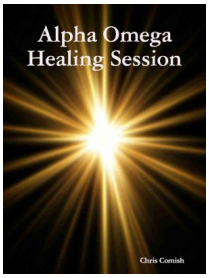

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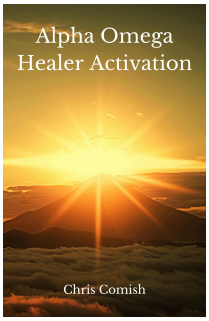

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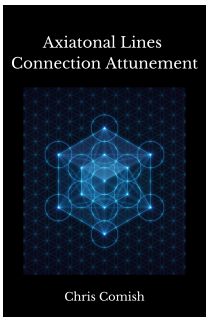

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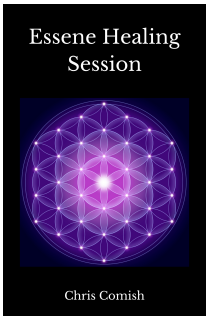

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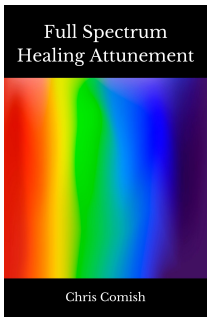

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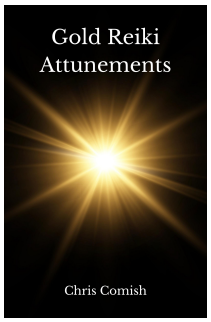

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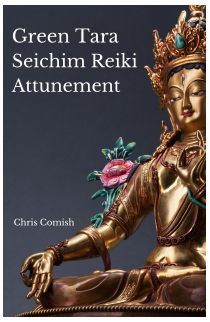

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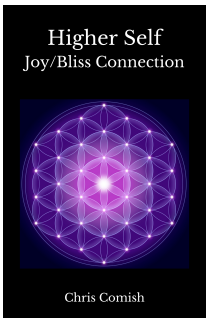

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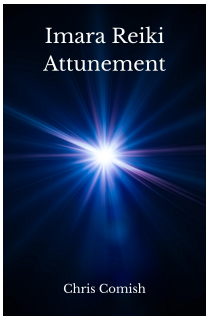

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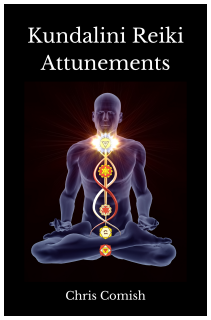

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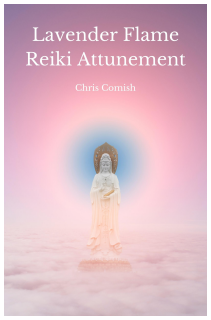

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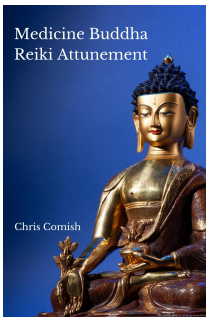

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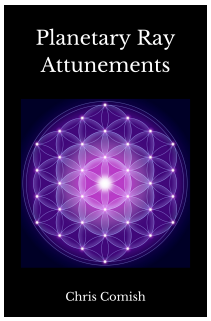

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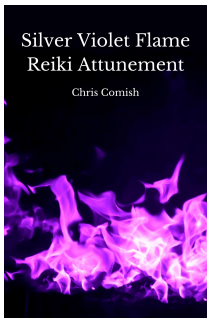

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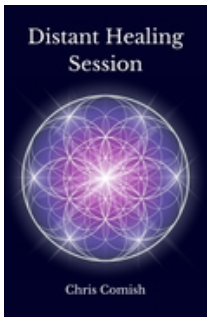

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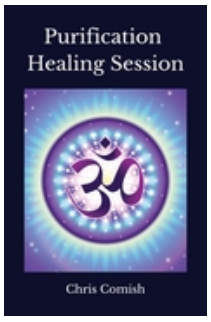

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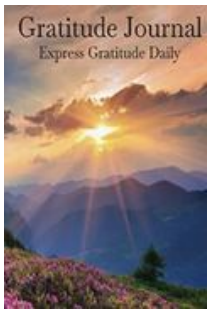

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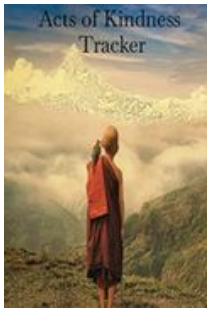

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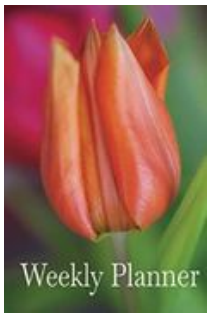

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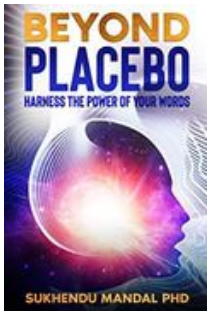

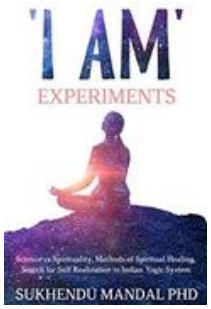

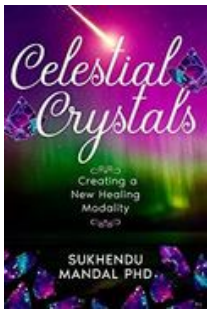

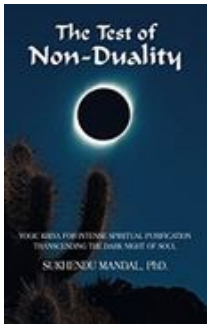

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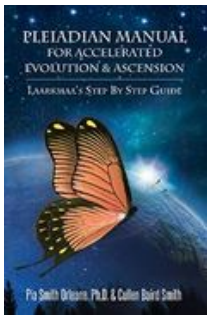

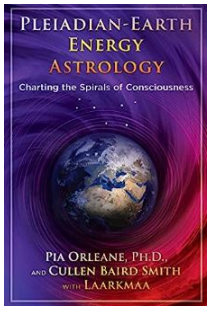
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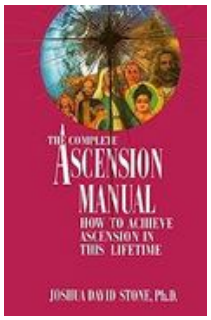
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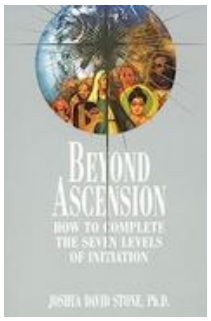
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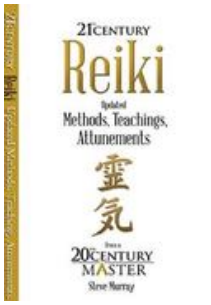
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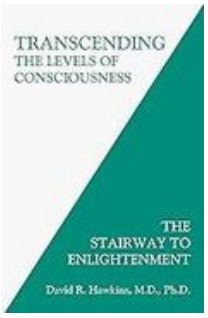
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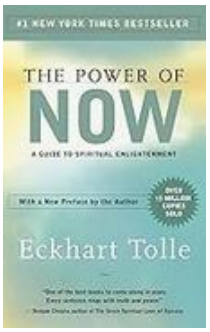
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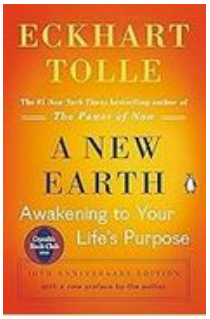
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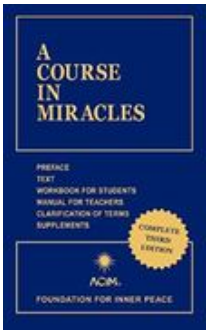
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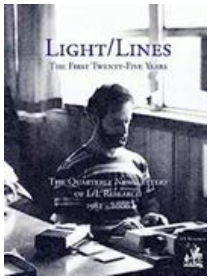
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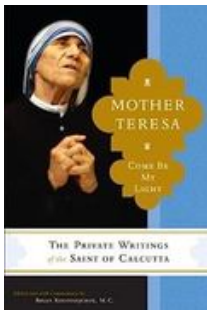
THE GENE KEYS
Embracing your higher purpose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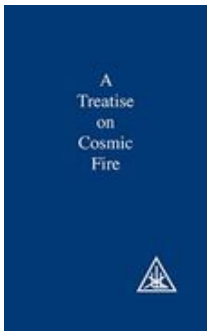
Human and Solar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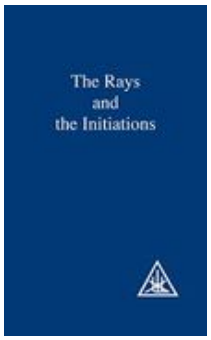
Treatise
on
Cosmic
Fire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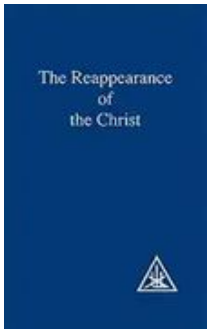
and
the Initiations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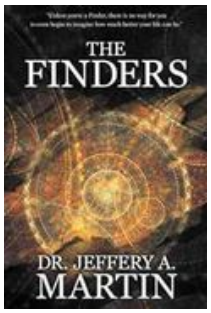
of the
Hierarchy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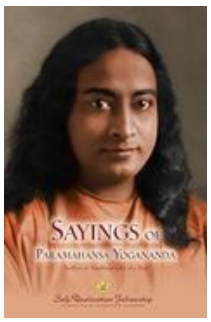
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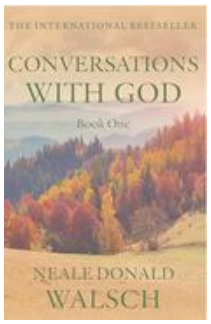
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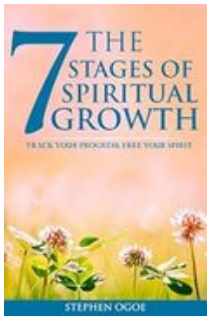
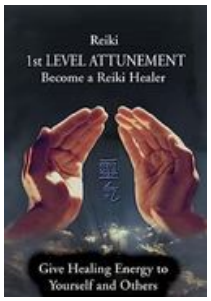
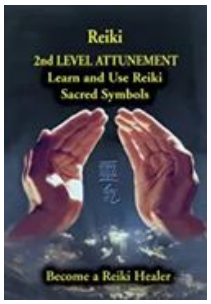
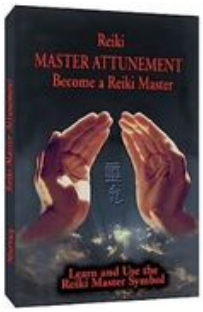
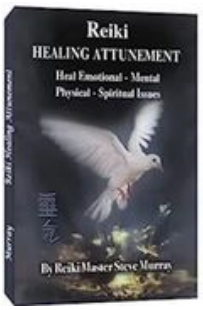


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

Blog Archive

► 2026 (7)

► 2025 (312)

▼ 2024 (77)

▼ December (13)

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Oneness Affirmations

Ascension Phases

Merry Christmas

Oneness

Absorption vs Radiation

Kundalini Rising

Who am I?

Love-Wisdom balance

► November (3)

► October (8)

► September (12)

► August (5)

► July (4)

► June (9)

► May (6)

► April (5)

► March (1)

► February (2)

► January (9)

► 2023 (21)

► 2022 (15)

► 2021 (1)

► 2020 (1)

► 2018 (2)

► 2017 (2)

► 2016 (5)

► 2014 (1)

► 2013 (4)

► 2012 (18)

► 2011 (51)

► 2010 (19)

Labels

- 2012
- 2014
- 5D
- after life
- afterlife
- ageless wisdom
- alien
- aliens
- angels
- anger
- archangels
- ascended
- ascended masters
- ascension
- astral
- attunements
- audiobook
- black triangle
- buddha
- chakras
- challenges
- channeling
- CHI
- cho ku rei
- chris comish
- city of shamballa
- conscious
- contact
- convergence
- cosmic
- cosmic council
- creator
- criminals
- david wilcock
- divine
- earth
- ebook
- energy
- entities
- esoteric
- essene
- experience
- faith
- faith. Love
- forgiveness
- free will
- freedom from duality
- french toast
- full spectrum healing
- gate
- ghosts
- go daddy
- God
- golden age
- harmonic
- Harmonic Convergence

- healing
- heart
- higher self
- hitchhiker
- holidays
- Human Body Energy Centers
- illuminati
- invocation
- kwan yin
- lavender flame
- law of one
- lessons
- liberation
- life
- life review
- light
- link
- ll research
- logoic body
- love
- manifestation
- masters
- Mayan Prophecy
- meaning
- meditation
- member of the month
- members
- metaphysics
- movies
- Noah
- numbers
- nwo
- oneness
- Osama bin Laden
- polarity
- postage
- prayer
- protection
- purification
- purpose
- quan yin
- quotes
- reiki
- reiki attunement
- reiki key chain
- religion
- resentment
- satisfaction
- service
- session
- shamballa
- sirius
- soul
- space
- spacecraft
- spirit
- spirituality
- stamps
- teachings
- the city of shamballa
- time

- trees
- two thousand and twelve
- ufo
- unconditional love
- unity
- void
- vow
- winter solstice
- wisdom

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